

Date: Wednesday 27 September 2023 at 2.00 pm

Venue: Jim Cooke Conference Suite, Stockton Central Library, Church Road, Stockton on Tees, TS18 1TU

Cllr Robert Cook (Chair)
Cllr Lisa Evans (Vice-Chair)

Cllr Diane Clarke OBE
Cllr Kevin Faulks
Cllr Steve Nelson
Cllr Stephen Richardson
Carolyn Nice
Sarah Bowman-Abouna
Jon Carling
Dominic Gardner
Jonathan Slade

Cllr Dan Fagan
Cllr Mrs Ann McCoy
Cllr David Reynard
Cllr Sylvia Walmsley
Elaine Redding
Fiona Adamson
David Gallagher
Julie Gillon
Peter Smith

AGENDA

- | | | |
|----------|--|-----------------|
| 1 | Evacuation Procedure | (Pages 7 - 8) |
| 2 | Apologies for absence | |
| 3 | Declarations of interest | |
| 4 | Minutes | |
| | To approve the minutes of the last meeting held on 26 July 2023. | (Pages 9 - 12) |
| 5 | Alcohol Harm Reduction Steering Group Update (alcohol care team update to follow) | (Pages 13 - 26) |
| 6 | Domestic Abuse Steering Group Update (workforce development slides to follow) | (Pages 27 - 38) |
| 7 | Health and Wellbeing Partnerships' Update | (Pages 39 - 42) |
| 8 | Members' Update | |
| 9 | Forward Plan | (Pages 43 - 46) |

Members of the Public - Rights to Attend Meeting

With the exception of any item identified above as containing exempt or confidential information under the Local Government Act 1972 Section 100A(4), members of the public are entitled to attend this meeting and/or have access to the agenda papers.

Persons wishing to obtain any further information on this meeting, including the opportunities available for any member of the public to speak at the meeting; or for details of access to the meeting for disabled people, please

Contact: Michael Henderson on email Michael.henderson@stockton.gov.uk

KEY - Declarable interests are:-

- Disclosable Pecuniary Interests (DPI's)
- Other Registerable Interests (ORI's)
- Non Registerable Interests (NRI's)

Members – Declaration of Interest Guidance



Table 1 - Disclosable Pecuniary Interests

Subject	Description
Employment, office, trade, profession or vocation	Any employment, office, trade, profession or vocation carried on for profit or gain
Sponsorship	Any payment or provision of any other financial benefit (other than from the council) made to the councillor during the previous 12-month period for expenses incurred by him/her in carrying out his/her duties as a councillor, or towards his/her election expenses. This includes any payment or financial benefit from a trade union within the meaning of the Trade Union and Labour Relations (Consolidation) Act 1992.
Contracts	Any contract made between the councillor or his/her spouse or civil partner or the person with whom the councillor is living as if they were spouses/civil partners (or a firm in which such person is a partner, or an incorporated body of which such person is a director* or a body that such person has a beneficial interest in the securities of*) and the council — (a) under which goods or services are to be provided or works are to be executed; and (b) which has not been fully discharged.
Land and property	Any beneficial interest in land which is within the area of the council. 'Land' excludes an easement, servitude, interest or right in or over land which does not give the councillor or his/her spouse or civil partner or the person with whom the councillor is living as if they were spouses/ civil partners (alone or jointly with another) a right to occupy or to receive income.
Licences	Any licence (alone or jointly with others) to occupy land in the area of the council for a month or longer.
Corporate tenancies	Any tenancy where (to the councillor's knowledge)— (a) the landlord is the council; and (b) the tenant is a body that the councillor, or his/her spouse or civil partner or the person with whom the councillor is living as if they were spouses/ civil partners is a partner of or a director* of or has a beneficial interest in the securities* of.
Securities	Any beneficial interest in securities* of a body where— (a) that body (to the councillor's knowledge) has a place of business or land in the area of the council; and (b) either— (i) the total nominal value of the securities* exceeds £25,000 or one hundredth of the total issued share capital of that body; or (ii) if the share capital of that body is of more than one class, the total nominal value of the shares of any one class in which the councillor, or his/ her spouse or civil partner or the person with whom the councillor is living as if they were spouses/civil partners have a beneficial interest exceeds one hundredth of the total issued share capital of that class.

* 'director' includes a member of the committee of management of an industrial and provident society.

* 'securities' means shares, debentures, debenture stock, loan stock, bonds, units of a collective investment scheme within the meaning of the Financial Services and Markets Act 2000 and other securities of any description, other than money deposited with a building society.

Table 2 – Other Registerable Interest

You must register as an Other Registrable Interest:

- a) any unpaid directorships
- b) any body of which you are a member or are in a position of general control or management and to which you are nominated or appointed by your authority
- c) any body
 - (i) exercising functions of a public nature
 - (ii) directed to charitable purposes or
 - (iii) one of whose principal purposes includes the influence of public opinion or policy (including any political party or trade union) of which you are a member or in a position of general control or management

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Jim Cooke Conference Suite, Stockton Central Library **Evacuation Procedure & Housekeeping**

If the fire or bomb alarm should sound please exit by the nearest emergency exit. The Fire alarm is a continuous ring and the Bomb alarm is the same as the fire alarm however it is an intermittent ring.

If the Fire Alarm rings exit through the nearest available emergency exit and form up in Municipal Buildings Car Park.

The assembly point for everyone if the Bomb alarm is sounded is the car park at the rear of Splash on Church Road.

The emergency exits are located via the doors between the 2 projector screens. The key coded emergency exit door will automatically disengage when the alarm sounds.

The Toilets are located on the Ground floor corridor of Municipal Buildings next to the emergency exit. Both the ladies and gents toilets are located on the right hand side.

Microphones

During the meeting, members of the Committee, and officers in attendance, will have access to a microphone. Please use the microphones, when directed to speak by the Chair, to ensure you are heard by the Committee.

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Health & Wellbeing Board

A meeting of Health & Wellbeing Board was held on Wednesday 26 July 2023.

Present: Cllr Bob Cook (Chair), Cllr Lisa Evans (Vice Chair), Cllr Kevin Faulks, Cllr Mrs Ann McCoy, Cllr Steve Nelson, Cllr David Reynard, Cllr Stephen Richardson, Cllr Sylvia Walmsley, Jon Carling, David Gallagher, Dominic Gardner, Martin Gray, Carolyn Nice, Peter Smith

Officers: Tanja Braun, Grace Wali, Jane Edmonds, Paul Wilson, Ant Phillips, Abbey Forster, Judy Trainer

Also in attendance: Cllr Pauline Beall, Ailsa Rutter (Fresh and Balance)

Apologies: Cllr Dan Fagan, Cllr Tony Riordan, Fiona Adamson, Sarah Bowman-Abouna, Alex Sinclair, Ann Workman

1 **Declarations of Interest**

There were no declarations of interest.

2 **Minutes of the Meetings held on 31 May 2023 and 28 June**

RESOLVED that the minutes be confirmed as a correct record and signed by the Chair.

3 **Notes of the Meeting of the Tees Valley Integrated Care Partnership held on 2 June 2023**

RESOLVED that the minutes be noted.

4 **Vaping Update – Presentation from FRESH**

Ailsa Rutter, Director of Fresh and Balance, gave a presentation covering:

- The harmful effects of smoking and second-hand smoke
- Current smoking and vaping prevalence in England
- Costs to Stockton
- The Fresh comprehensive tobacco control programme since 2005
- Smokers options to quit
- Vaping to quit smoking research
- Impact of vaping on health
- Government commissioned evidence updates
- Vaping prevalence and challenges
- Regulations on vapes and gaps in regulation
- Disposable vapes
- Evidenced based tools and resources

Key issues highlighted and discussed:

- In the short and medium term, vaping posed a small fraction of the risks of smoking but vaping was not risk free, particularly for people who had never smoked
- There was significantly lower exposure to harmful substances from vaping

compared to smoking. However, there was similar or higher exposure to harmful substances compared with not using any nicotine products

- There was no significant increase of toxicant biomarkers after short term second-hand exposure to vaping among people who did not smoke or vape
- The addition of flavours to vapes was important to encourage smokers onto vapes, however, marketing of flavoured vapes to children was concerning
- Opinion was split on banning single use vapes. It had been suggested that more investigation was needed into the unintended consequences of banning single use vapes
- Research indicated a 50% growth in experimentation in vaping in 11 – 17-year-olds but only a small increase in current vaping from 6.9% to 7.6%
- It was hugely challenging to reduce smoking prevalence in mental health settings
- Concerns were expressed about marketing of vapes to children, the long term impacts of vaping on health and the gaps that existed in current regulation

RESOLVED that the presentation be noted.

5 Evaluation of Warm Spaces in Stockton-on-Tees 2022/23 and Next Steps

The Board received a report providing an update on the evaluation conducted in June 2023 on the Warm Spaces in Stockton-on-Tees scheme. The initiative had been launched in October 2022 and had grown to a current membership of around 60 venues, with feedback evidencing that many of them had become quickly established as key assets within their communities.

The report set out the key feedback from the consultation exercise carried out with participating venues and the plans for the scheme's development, widening the scope of its offer into a second phase throughout the autumn and winter into 2024.

The Board commended officers on the initiative and supported the proposed action plan and priorities.

RESOLVED

1. That the report's key findings from the feedback report be noted.
2. That the proposed action plan and associated priorities for 'Phase II' of the scheme, with a 2023-2024 timeline, be endorsed.
3. That Stockton-on-Tees Borough Council's Public Health contribution of £30,000 per annum for this year (2023/24) and next year (2024/25) be noted, to support the bespoke development of Community Spaces in Stockton-on-Tees, building on what was achieved in the first phase of the Warm Spaces scheme and working towards long-term sustainability.
4. That a further report be received to provide an update on progress in late 2023.

6 Healthy Streets Update

The Board received a presentation on the Healthy Streets pilot including:

- Pilot areas
- Traffic Surveys
- Community Engagement
- Next Steps
 - Resident's survey running to 31 July
 - Aspen Garden's resident focus group – August
 - A series of creative engagement events over the summer holidays facilitated by university researchers
 - A design team to be appointed to work on design stage from September – November 2023

RESOLVED that the update be noted.

7 Health Protection Collaborative – Terms of Reference

The Board received a report providing revisions to the Health Protection Collaborative terms of reference following discussion by the Collaborative in July 2023.

Discussion at the Collaborative had reflected that there was a strong commitment to the group as a local systems overview and collaboration forum to share information and offer mutual support and challenge. However, a stronger commitment from some partners to attend more regularly would be welcomed and it had been suggested that themed meetings around particular issues would be helpful and would encourage attendance by key partners for these discussions. It was also agreed the Collaborative would meet every two months in future, rather than monthly.

RESOLVED that the proposed amendments to the Health Protection Collaborative terms of reference be approved.

8 Joint Forward Plan

The Board received a presentation on the NHS Draft Joint Forward Plan – July 2023 which was a requirement of Integrated Care Boards and partner NHS Trusts. The presentation covered:

- National Guidance
- North East and Cumbria Plan
- NHS Plan aligned to Partnerships
- Service, Enabler and Place Action Plans
- How the Plans fit together
- Timetable and Engaging Stakeholders

RESOLVED that the presentation be noted.

9 Members' Updates

There were no Member Updates.

10 Health and Wellbeing Board – Forward Plan

The Board agreed that the Healthwatch Annual Report would be presented to the October meeting.

RESOLVED that the forward plan be noted.

AGENDA ITEM

REPORT TO HEALTH AND WELLBEING BOARD

27th September 2023

REPORT OF DIRECTOR OF PUBLIC HEALTH

ALCOHOL HARM REDUCTION STEERING GROUP

Summary

The Health and Wellbeing Board established an Alcohol-related Harm Steering Group in September 2019. The group developed a strategic framework supported by an annual action plan. The group's work resulted in system-wide strategic approaches which resulted in expansion of treatment and recovery services, improvement in recovery pathways and a strengthened approach to preventative activities. This is evidenced by provider updates to the Board.

Recommendations

It is recommended that the Health and Wellbeing Board:

1. Note the update from North Tees & Hartlepool Foundation Trust's Alcohol Care Team
2. Note the update from Change Grow Live provider of community-based substance misuse services.

Background

Since the establishment of the Alcohol-related Harm Steering Group there have been some significant achievements including:

1. Action on alcohol licensing
2. Supporting schools with alcohol policies
3. Leading local comms and campaigns with partner organisations
4. Performing an alcohol healthcare needs assessment.
5. Establishing a Tees Valley inpatient alcohol detox service
6. Development of a hospital-based Alcohol Care Team
7. Delivering a community-based alcohol treatment and recovery service as part of the integrated substance misuse service.

The Alcohol Care Team (ACT) in North Tees Hospital has been in place for a year. The team provides onsite advice and treatment for patients admitted to hospital requiring unscheduled alcohol detox and or advice. The team liaises with community-based services

to ensure continuity of care on discharge from hospital. Further detail will be provided in a presentation from the ACT.

Community-based substance misuse services for Stockton-on-Tees are provided by Change Grow Live (CGL). The service provides support, advice, and treatment for people on their recovery journey for drugs and/or alcohol. In Stockton-on-Tees, community-based alcohol services include Healthy Habits, peer support, professional support, medication, and detox. Further detail will be provided in a presentation from CGL.

The two services inter-relate to provide continuity of care and are complemented by the inpatient detox service at North Tees Hospital, which provides planned admissions for medically managed alcohol detox for residents of Tees Valley.

Next steps

The Health and Wellbeing Board will be kept updated on the next steps in the work around alcohol.

Contact Officers:

Mandy MacKinnon (Strategic Health & Wellbeing Manager)

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Tanja Braun (Consultant in Public Health) Tanja.braun@stockton.gov.uk



Stockton Recovery Service - Alcohol



**Change
Grow
Live**



Stockton Recovery Services

- Delivered addiction services in Stockton for 15+ years
- Delivered Alcohol treatment since 2017
- Alcohol Team based on Brunswick Street
- 1 Team Leader, 4 Recovery Coordinators
- Nurses and Non Medical Prescriber
- Every year we work with approx. 400 Alcohol and 150 Alcohol and Non Opiate users.

Alcohol AUDIT

Completed by engagement team

AUDIT is a comprehensive 10 question alcohol harm screening tool.

It was developed by the World Health Organisation (WHO) and modified for use in the UK and has been used in a variety of health and social care settings.

Scoring:

- 0 to 7 indicates low risk
- 8 to 15 indicates increasing risk
- 16 to 19 indicates higher risk,
- 20 or more indicates possible dependence

Questions	Scoring system					Your score
	0	1	2	3	4	
How often do you have a drink containing alcohol?	Never	Monthly or less	2 to 4 times per month	2 to 3 times per week	4 times or more per week	
How many units of alcohol do you drink on a typical day when you are drinking?	0 to 2	3 to 4	5 to 6	7 to 9	10 or more	
How often have you had 6 or more units if female, or 8 or more if male, on a single occasion in the last year?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often during the last year have you found that you were not able to stop drinking once you had started?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often during the last year have you failed to do what was normally expected from you because of your drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often during the last year have you needed an alcoholic drink in the morning to get yourself going after a heavy drinking session?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often during the last year have you had a feeling of guilt or remorse after drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often during the last year have you been unable to remember what happened the night before because you had been drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
Have you or somebody else been injured as a result of your drinking?	No		Yes, but not in the last year		Yes, during the last year	
Has a relative or friend, doctor or other health worker been concerned about your drinking or suggested that you cut down?	No		Yes, but not in the last year		Yes, during the last year	

Total AUDIT score

Alcohol Model





Hazardous Drinking (8-15)

Brief Advice

- One off brief advice session
- Guided Self Help Booklet
- Advice and guidance on website
- Webchat function on website
- Mutual aid meetings
- Apps

Believe in people

If you want to change your life,
we're here for you.

I want:

Please select



I NEED HELP NOW

Crisis information,
helplines and
useful websites.



CHAT ONLINE

Speak to one of
our experienced
practitioners using
the webchat
service.



ALCOHOL AND DRUGS

Get support if you
want to cut down
or stop.



FAMILY AND FRIENDS

Support for you
and someone
close to you.



UNDER 21

Advice for anyone
under 21 or anyone
supporting a
young person.





Drinkaware

Information, advice and tools to help people understand alcohol and make better choices.



Breaking Free Online

Free, online treatment and recovery program for anyone addicted to alcohol or drugs. Speak to any member of staff or volunteer at your local service to get access.



Alcoholics Anonymous

Regular support groups all over the country for people with an addiction to alcohol.



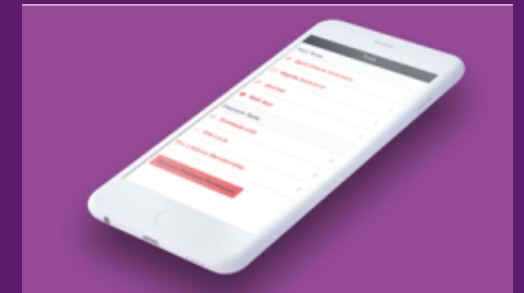
AI-Anon

Support groups for families and friends of people with an alcohol addiction.



SMART Recovery

Self-help recovery programmes that include help with alcohol and drug addiction.



AA 12 Steps app

Companion app for AA's 12 step programme.

Harmful Drinking (15-19)

Extended Brief Interventions

- Full comprehensive assessment
- 12 Questions
- Recovery Coordinator for 1-1 support
- 6 sessions of extended brief interventions titled Rethink your Drink
- Access to our full timetable of activities and groups



Dependent Drinking (20+)

Specialist Alcohol Treatment

- SADQ (Severity of Alcohol Dependence Questionnaire)
- Nurse alcohol assessments
- Liver and kidney functions tests
- Liaison with GP and mental health services
- Drink down plans
- Community detoxification
- Inpatient detoxification
- Relapse Prevention Medication



1. Alcohol referrals have increased from an average of 25 pcm in 2020 to 44 pcm in 2023
2. 61% of these referrals engaged in structured treatment
3. We work with 400 adult alcohol dependent users each year
4. We work with approx. 130 people who are accessing for support with alcohol and non opiate use
5. 49% of people who engage in treatment, are showing substantial progress
6. It is estimated that 79% of alcohol dependent people in Stockton are not engaged in treatment, which is slightly better than national average.

Challenges

1. Alcohol is an ingrained part of our culture and is widely used
2. Alcohol dependency is misunderstood and stigmatised
3. Referrals are often received when the person has reached a point of dependency rather than at lower levels.
4. Alcohol users are the most difficult group to engage in effective treatment
5. There are often challenges that make it unsafe to complete an alcohol detox in the community
6. There is limited funding for inpatient detox
7. Hospitals are only able to complete a detox, for the duration of someone's stay for other health conditions

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AGENDA ITEM

REPORT TO HEALTH AND WELLBEING BOARD

September 2023

REPORT OF DIRECTOR OF PUBLIC HEALTH

DOMESTIC ABUSE STEERING GROUP UPDATE

Summary

There are clear examples of the Domestic Abuse Steering Group (DASG) delivering against the Domestic Abuse Strategy 2022-28. This will be evidenced by presentations from member organisations of the group.

Recommendations

It is recommended that the Health and Wellbeing Board:

1. Note the updates and achievements of the Domestic Abuse Steering Group.
2. Note the presentations:
 - a. Harbour: Workforce development
 - b. Harbour: GP Independent Domestic Violence Advocate
 - c. NTHFT: Hospital Independent Domestic Violence Advocate

Background

The DASG is accountable to the Health and Wellbeing Board (HWB) for implementing the Domestic Abuse Strategy for Stockton-on-Tees (2022-28). The strategy was approved by HWB in December 2022. Since then an action plan has been developed through a workshop with partner organisations.

The DASG receives themed updates on the delivery of the action plan. Most recently, the updates have been in relation to workforce development and NHS pathways to specialist support.

Strategy implementation

The strategy has three visionary components and six strategic priorities (see Figure 1 below). The action plan themes have been derived from these, that is, there are several areas of action required to deliver one of the strategic priorities. Each of the themes has a co-ordinator from an organisation or service area represented on the DASG. The action plan themes are listed at Figure 2.

The DASG wishes to highlight the progress in (a) workforce development and (b) best practice in service delivery.

Figure 1. Domestic abuse strategy vision and strategic priorities



Figure 2. Key themes for the action plan which deliver on the strategic priorities:

1. Education and Children & Young People
2. Workplaces (employers)
3. Community awareness
4. Workforce development
5. Commissioning
6. Best practice in service delivery
7. Pathway development (stop repeats)
8. Engagement in the criminal justice system
9. Work with repeat victims
10. Perpetrator interventions
11. Supporting families
12. Supporting victim survivors
13. Shared learning
14. Data collection
15. Data presentation

Outcomes monitoring

A Task and Finish Group will develop an approach and framework to capture the impact on outcomes. This will be reported back to the next DASG meeting. This will enable further lines of enquiry and analysis of specific issues to drive further improvement. This will ensure that there is a clear line of sight between the strategic intent and the practical actions.

Contact Officers: Mandy MacKinnon/ Sarah Bowman Abouna

Job Titles: Strategic Health & Wellbeing Manager/ Director of Public Health
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GP IDVA ROLE

BACKGROUND

- DOMESTIC ABUSE ACT
- DHR EVIDENCE
- PILOT EVALUATIONS
- BENEFITS/OUTCOMES

THE MODEL

- THE STRUCTURE/PATIENT ACCESS
- SINGLE POINT OF CONTACT
- SHARING OF INFORMATION
- QUICK RESPONSES
- LINKS WITH OTHER HEALTH IDVA'S FOR CONSISTENCY
- DROP IN FACILITIES
- AWARENESS RAISING
- ROLLING PROGRAMME OF TRAINING
- IMPROVED COMMUNICATION

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North Tees and Hartlepool Hospital IDVA



Initial and ongoing awareness raising of the role:

- Attending huddles – acute and community
- Team meetings – acute and community
- Attending training sessions
- Trust Communications – Facebook/twitter
- Attending wards / responding to staff
- Linking in with Police / TEWV / Social Care / ACT/ Housing/ SARC
- Members of staff shadowing role

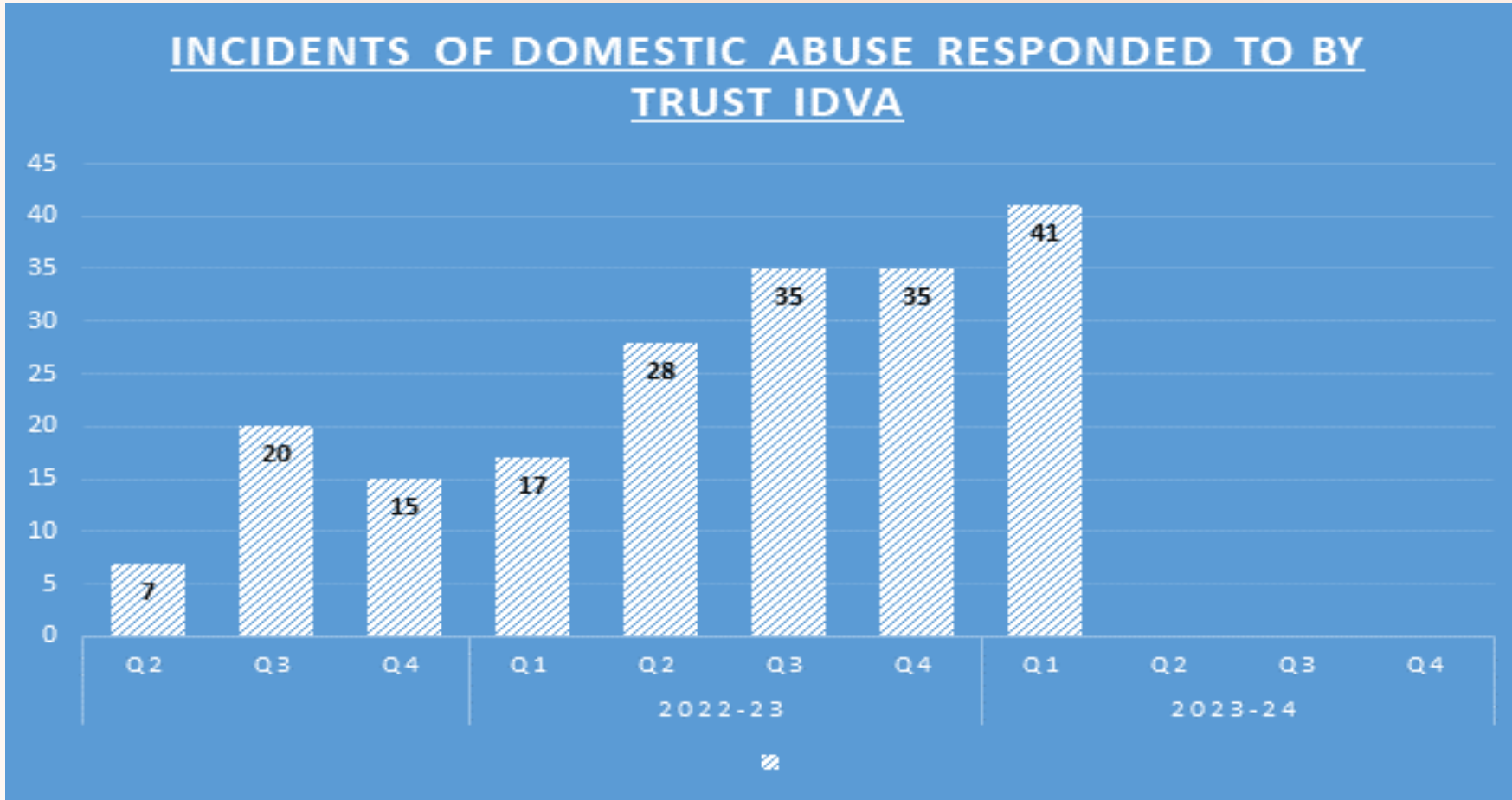
Support IDVA can offer:

- Safety Advice
- Emotional support
- Risk assessment
- Referral into MARAC
- Refuge support
- Expedited referrals into Harbour
- Safeguarding
- Housing support
- Support accessing other services CAB / CGL / etc.
- Referrals to Police, and support making a statement
- Legal support to explore protective orders etc
- Detailed advice regarding criminal and civil court process
- Sourcing potential funding for complex cases (Travel/accommodation/ Mobile phone)

How does this impact the Trust:

- Reducing risk to patients
- Improving experience
- Reduce frequency of social admissions due to early intervention
- Reducing time in inpatient beds / ED due to expediting discharge contacts and support
- Improving Trust professionals response to domestic abuse.

IDVA Post commencement date: September 2021
Total number of referrals to end of Q1: 227



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AGENDA ITEM

REPORT TO HEALTH AND WELLBEING BOARD

27 SEPTEMBER 2023

REPORT OF PARTNERSHIPS' CHAIRS

HEALTH AND WELLBEING PARTNERSHIPS' UPDATE

SUMMARY

This report describes the discussions being undertaken by the Adults Health and Wellbeing Partnership and the Children and Young People's Partnership. It highlights the significant collaborative working and the important and invaluable links that are made, between Partners, at each meeting. Board members may access minutes of the meeting via the Council's Democratic Services Unit.

This report covers meetings held in July 2023.

RECOMMENDATION

That the report be noted.

DETAIL

Adults Health and Wellbeing Partnership – 26 July 2023

Health Inequalities

The partnership was advised that take up of the NHS Health Check was almost at pre pandemic levels. The health check was offered to 40 – 74-year-olds with no chronic health conditions. The health checks had been mostly paused during the pandemic but had resumed. In the first quarter of this year, 1,388 people had taken advantage of the health check, which was effective in detecting a wide range of health risk factors. All GP practices in Stockton were delivering the health checks and an updated payment system had been introduced to encourage delivery in more deprived areas. The NHS considered health checks an important tool for risk prevention in primary care.

Discussion and key points:

- The health check focused on cardiovascular disease and not mental health problems
- The health checks were carried out by trained health care assistants and should not therefore interfere with GP appointments
- Practices send out invitations to patients but patients can also request a health check
- Local take up compared well with regional and national take up

Members Updates

Members provided updates as follows:

- A CQC recognised medication managements qualification had been introduced and was awarded by the NCFE. Details would be circulated
- Healthwatch were about to embark on a piece of work around future needs for older people with learning disabilities. Details would be circulated
- Lottery money had been secured for a mapping exercise of the voluntary and community sector and gaps in provision for health inequality work. A presentation would be made at the Winter Health Conference
- The Government had announced a further extension of the Household Support Fund running from 1 April 2023 to 31 March 2024. The Council had been given £3.3million from the Department for Work and Pensions (DWP) to provide support to a wide range of low-income households who were most in need due to the rising cost of living. The scheme was closely linked to energy costs, the rising cost of food, bills and other household costs. Further details would be circulated
- Exploring key issues affecting people's health this winter, the Stockton-on-Tees Winter Health Conference 2023 was planned for September. Anyone interested in getting involved to contact Jon Carling or Tanja Braun
- A three-year Peer Advocate Project commissioned by SBC would be starting in September. Work would support people with multiple and complex needs and funding was received by Local Authorities in the North East from the ICS and ICB. Local Authorities had adopted different approaches based on their own local needs and circumstances
- The Thornaby 'Warm Welcome' social sessions pilot had run throughout the winter and had been a huge success. It was planned to continue the sessions combining with warm spaces and promoting health checks
- In June, Thornaby Pavilion had been the setting for a unique sporting occasion, as residents from care homes tackled a number of different sporting events at the Care Homes Legends event. The pilot event had been organised by Tees Active and Stockton Council's Transformation Team

Children and Young People's Partnership – 12 July 2023

Children and Young People's Plan 2023 – 27 Plan on a Page

Members considered a high-level summary of the Children and Young People Plan for the period 2023-27.

The Plan on a Page set out the vision and 'pillars', which sets out shared priorities for action:

- Best start in life
- A Caring System
- Children at the heart of everything we do
- Families together
- Shared Intent: Alignment and Co-ordination

Feedback from partners was invited on the overarching strategy and based on feedback received, more specific commitments would be incorporated into a draft to be finalised by the end of July.

Members discussed how best to consult on the strategy recognising that there had already been previous discussions and engagement on a number of elements of the plan. It was agreed that engagement would be more meaningful if it focused on specific actions flowing from the plan.

Draft Early Help Strategy 2023/25

Members considered the draft Early Help Strategy for 2023-25 following discussions at previous partnership meetings. The Strategy was designed as a framework within which partners could operate and identified a range of areas for improvement which would be taken forward through more extensive engagement with partners.

It was also proposed that that Children and Young People's Partnership become the overarching governance framework for the strategy and that an early help operational meeting should be established to drive forward implementation.

Discussion and key points:

- It was highlighted that attendance was worsening across all year groups and that there were links between exclusion and undiagnosed SEND and emotional issues
- There were examples of best practice in the VCS; this strategy provided a mechanism to bring the VCS together and share that best practice
- Members discussed how best to get help for the child when the family could be the barrier to support. Children's Services had been discussing adopting a different approach which could provide a solution in some circumstances

Cared for Children, Care Experienced Young People and Corporate Parenting – Refreshing Our Approach

The Partnership considered a report providing an update on the proposed refresh approach around support children and young people in care and those leaving care. It also updated on activities undertaken to refresh the strategy for cared for and care experienced children and young people and incorporated the specific challenges identified in the ILACS Inspection.

FINANCIAL IMPLICATIONS

There are no direct financial implications arising from this report.

LEGAL IMPLICATIONS

There are no specific legal implications arising from this report.

RISK ASSESSMENT

The risks arising from the production of this report can be categorised as low.

CONSULTATION

The content of the report reflects discussion and consultation at Partnership meetings.

Name of Contact Officer: Judy Trainer
Post Title: Democratic Services Manager
Telephone No: 01642 518158
Email address: judy.trainer@stockton.gov.uk

HEALTH AND WELLBEING BOARD - FORWARD PLAN

<p>27 September 2023</p>	<ul style="list-style-type: none"> • Alcohol Strategic Group Update (CGL and Trust, Mandy MacKinnon) • Domestic Abuse Steering Group Update (Mandy McKinnon) • Health and Wellbeing Partnerships' Update (Partnership Chairs) • Members' Updates • Forward Plan
<p>25 October 2023</p>	<ul style="list-style-type: none"> • Integrated Mental Health Strategy Group (Sarah Bowman Abouna/Tanja Braun) • Health Protection Collaborative (Sarah Bowman) • Healthwatch Annual Report (Peter Smith) • Better Care Plan (Emma Champley) • SEND Strategic Action Plan (Joanne Mills) • Winter Planning • Members' Updates • Forward Plan
<p>29 November 2023</p>	<ul style="list-style-type: none"> • Quality Statement (Adult Services Emma Champley) • Members' Updates • Forward Plan
<p>20 December 2023</p>	<ul style="list-style-type: none"> • Alcohol Strategic Group Update (Sarah Bowman-Abouna/ Mandy Mackinnon) • Members' Updates • Forward Plan

To be scheduled:

- Scope and define key strategic system outcomes against the new priorities and monitoring approach (**Sarah Bowman-Abouna**)
- Joint Strategic Needs Assessment, Joint Health and Wellbeing Strategy and future monitoring (**Sarah Bowman-Abouna**)
- Adults Social Care Strategy Action Plan (**Director of Adults and Health**)
- Protection of the most vulnerable (**Sarah Bowman-Abouna**)
- Linking community assets and primary care (**Sarah Bowman Abouna**)
- Fairer Stockton Framework – Cost of Living Crisis Support Update (**Jane Edmonds**)
- Multiple Complex Needs – Peer Advocacy Pilot (**Sarah Bowman Abouna/Mandy Mackinnon**)
- Pharmacy Provision/ Update on Community Pharmacies
- Primary Care Update (GPs, dentists and optometry) (**ICB**)
- Drugs (inc Nitrous Oxide)

Scheduled items Frequency:

- Domestic Abuse Steering Group Update (March and September) (**Sarah Bowman Abouna/Mandy McKinnon**)
- Alcohol Strategic Group Update (March and September) (**Sarah Bowman Abouna/Mandy McKinnon**)
- Integrated Mental Health Strategy Group (April and October) (**Sarah Bowman Abouna/Tanja Braun**)
- Physical Activity Steering Group Update (Usually July and January) (**Sarah Bowman Abouna/Tanja Braun**)
- Tobacco Alliance Update (Usually January and July) (**Sarah Bowman Abouna/Mandy McKinnon**)
- Better Care Plan (Usually April and September) (**Emma Champley**)
- SEND Strategic Action Plan (Usually March and September) (**Martin Gray**)
- Health Protection Collaborative Update (Usually January, April, July and October) (**Sarah Bowman**)

- Health and Wellbeing Partnerships' Update (Usually March and September)
(Partnership Chairs)

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